



What Your Responsibilities are Not

It is Never Your Duty To:

1. Give what you really don't want to give.
2. Sacrifice your integrity to anyone.
3. Do more than you have time for.
4. Drain your strength for others.
5. Listen to unwise counsel.
6. Act above your present capacity.
7. Retain an unfair relationship.
8. Be anyone but exactly who you are.
9. Be one-hundred percent perfect.
10. Conform to unreasonable demands.
11. Follow the crowd.
12. Put up with unpleasant situations.
13. Try to please unpleasant people.
14. Bear the brunt of another's misbehavior.
15. Do something you cannot really do.
16. Endure your own negative thoughts.
17. Feel guilty towards your inner desires.
18. Submit to overbearing conditions.
19. Apologize for being yourself.
20. Meekly let life pass you by.